



The Ugly Truth: Week 4

Discussion Guide

Series Overview

The pressures of life have a way creating fractures, small cracks in friendships, marriages, even within the church. Navigating our strong feelings to create stronger relationships requires some tough conversations and willingness to hear the ugly truth. What we do with those truths can either heal our relationships or continue to allow the fractures to grow until they break.

Week 4 Big Idea

Experiencing offense is an event. Being offended is a choice. We can live in Freedom and Healing for our relationships when we see others through the eyes of Jesus.

Connect

Begin with some conversation, checking in on how people are doing. Ask a couple fun starter questions everyone can relate to, such as:

- Favorite Halloween candy?
- What has been a few “Highs” this week? What has been a few “Lows” this week?

Discuss

- What stood out to you most about the message from the weekend?
- How have you seen an offense against you, end up entrapping you?
- Read Hebrews 2 together. What stands out to you most about Jesus’ experience in life?
- The main points of Sunday’s talk was recognizing, “When I see others through the eyes of Jesus, I remember: I need forgiveness too, I focus on the real enemy, and I receive God’s love for my own heart and others.” Which of these points resonated with you the most and why?

Pray

“God, I surrender my whole heart to you. I give you my offenses and the hurt it has caused my heart. I ask you for forgiveness for allowing my hurt to cause me to hurt others. Help me to see people through the eyes of Jesus and bring healing into my heart and relationships. Amen.”