



The Ugly Truth: Week 2

Discussion Guide

Series Overview

The pressures of life have a way creating fractures, small cracks in friendships, marriages, even within the church. Navigating our strong feelings to create stronger relationships requires some tough conversations and willingness to hear the ugly truth. What we do with those truths can either heal our relationships or continue to allow the fractures to grow until they break.

Week 2 Big Idea

You can't change another person. You can only change yourself. The Bible tells us to examine ourselves and learn to appreciate our differences.

Connect

Begin with some conversation, checking in on how people are doing. Ask a couple fun starter questions everyone can relate to, such as:

- If you have to go to a football watch party, what is your go-to appetizer?
- What are you looking forward to in this next season?
- What is the perfect temperature for your home?

Discuss

- What stood out to you most about the message from the weekend?
- Learning to appreciate the unique differences of others goes a long way in protecting relationships. Think of some key relationships in your life (Marriage, Kids, Co-workers). Share some of your personality differences.
- Read Galatians 6:4-5 together. Why is it easier to examine the personality, choices, & behaviors of others than examining ourselves?
- Allowing God to transform you into who you were created to be and overflowing with the fruit of the Spirit is God's heart for each of us. Is there a fruit of the Spirit you know God is wanting to transform in you?

Pray

"God, thank you for the differences in each of us. I want to grow in my relationship with you, allowing you to do a work in me. I can't control others, but I can focus on examining my own life and allowing you to transform me. I invite the work of the Holy Spirit in my life to grow me into all you created me to be. Amen."