

REAL SIMPLE. // WEEK 2 DISCUSSION GUIDE

5.21.2023



SERIES OVERVIEW

The foundation we build our lives upon determines the stability and destination of our souls. Simplicity is an exercise in trust, forcing us to adopt a faith-filled, eternal view on our resources. As we trust more deeply in God's promises for eternity, our lives and hearts become less cluttered with stuff and more Christ-like in simplicity.

BIG IDEA

Most of us live our lives with little to no margin, running ourselves ragged in the process. This week, we're taking a look at what it looks like to be *real simple* when it comes to our schedule and our priorities.

ICEBREAKER/CHECK-IN QUESTION

- If you could invent a new holiday, what would it be and how would we celebrate it?

DISCUSS

- Share one or two thoughts that stuck out to you from this week's message.
- Can you relate to the feeling of being too busy and having no margin in your life? How does this affect your spiritual life?

READ LUKE 10:38-42

- In this story, Martha was focused on serving and preparing for Jesus' visit while Mary chose to sit at Jesus' feet and listen to him. Which character do you relate to more? Why?
- Jesus tells Martha that Mary has chosen what is better and it will not be taken away from her. What do you think Jesus meant by this?
- In what ways can we make time to sit at Jesus' feet and listen to him amidst our busy schedules?
- In what ways can we serve others without sacrificing our own spiritual growth and well-being?
- What steps can we take to ensure that our schedules and priorities align with our spiritual journey and our relationship with Jesus?

PRAY

God, we pray for the strength to not allow our calendars to rule our lives. Give us wisdom, discernment, and courage as we seek to create margin so that we can build a regular rhythm of sitting at your feet. Amen.