

REAL SIMPLE. // WEEK 1 GROUP GUIDE

5.14.2023



SERIES OVERVIEW

The foundation we build our lives upon determines the stability and destination of our souls. Simplicity is an exercise in trust, forcing us to adopt a faith-filled, eternal view on our resources. As we trust more deeply in God's promises for eternity, our lives and hearts become less cluttered with stuff and more Christ-like in simplicity.

BIG IDEA

Life is full of moving pieces. Each one is seemingly more complex than the last. Finding ways to prioritize our lives around what matters most is SIMPLE, BUT NOT EASY.

ICEBREAKER/CHECK-IN QUESTION

- What is one valuable lesson you have learned from your mother or a mother figure in your life?

DISCUSS

- Share one or two thoughts that stuck out to you from this week's message.
- Have you ever built or made something that you were really proud of, only to have it come crashing down or broken? Share with the group.

READ MATTHEW 7:24-27

- Why do you think Jesus uses the analogy of building a house on a solid foundation to represent following His teachings?
 - What are some examples of "rock" and "sand" in our lives? How can we identify these elements in our personal circumstances?
- Can you recall a time when you've built something in your life on "sand" instead of "rock"? How did that situation turn out? What did you learn from it?
- Share an example of a practical way you've applied Jesus' teachings in your life recently. How has that affected your relationship with Him and with others?
- What are some specific challenges or obstacles that make it difficult for you to prioritize time with Jesus and putting His words into practice? How can you overcome these challenges? Is there a way that we, as a small group, can support & encourage you?
- What are some practical steps you can take this week to build your life on the "rock" of Jesus' teachings rather than the "sand" of worldly wisdom? How can we apply those learnings to the way we lead our homes & families?

PRAY

God, we ask for your guidance in building our lives on the solid rock of your truth. Help us to discern what is *rock* and what is *sand* in our lives and give us the strength to make decisions according to Your will. Amen.