

COME WHAT MAY

WEEK 4 GROUP GUIDE

SERIES OVERVIEW

Having confidence in the midst of the uncertain seems like a fairy tale. But Jesus shows us how to navigate WHATEVER COMES NEXT in our life. As we begin a new year, let's discover how to walk through whatever comes our way... no matter what.

BIG IDEA

The words of Jesus were spoken to bring us peace. They are the words that move us from OVERTHINKING to OVERCOMING.

ICEBREAKER/CHECK-IN QUESTION

- If you could write a message in a bottle and throw it into the ocean, what would it say and who would you hope finds it?

DISCUSS

- Have you ever felt overwhelmed by the size of your problems? How can we remind ourselves of God's greatness and find comfort in approaching His throne of grace?
- Have you ever experienced a moment of peace or clarity during a time of uncertainty? What contributed to that experience and what did you learn from it?
- Skyler highlighted our tendency to overthink and lose perspective. How can we recognize when we're overthinking, and what practical steps can we take to regain perspective?
- The message mentions the idea of focusing on "*the Who*" (God) rather than "*the What, How, and When*" of our troubles. How can we practically shift our focus in challenging situations?

READ

- **JOHN 16:33**
- **PHILIPPIANS 4:6-7**

DISCUSS

- In what ways can the promise of peace in John 16:33 impact our daily lives and interactions with others, especially during challenging times?
- How can we practically apply the guidance in Philippians 4:6-7 to our lives, especially during times of uncertainty and anxiety?

PRAY

Dear God, thank you for your presence and peace. Help us trust in your love and find hope in uncertain times. Amen.