

# COME WHAT MAY

## WEEK 1 GROUP GUIDE

### SERIES OVERVIEW

Having confidence in the midst of the uncertain seems like a fairy tale. But Jesus shows us how to navigate WHATEVER COMES NEXT in our life. As we begin a new year, let's discover how to walk through whatever comes our way... no matter what.

### BIG IDEA

While independence can be seen as strength and asking for help weakness, Jesus warns us about what is coming to take the weight off our shoulders. No matter what comes through those doors, we need to depend on God instead of relying on ourselves.

### ICEBREAKER/CHECK-IN QUESTION

- If your life had a soundtrack, what song would be playing during the most adventurous moment?

### DISCUSS

- Think about a time when you felt like you were in control of a situation, but later realized you needed help or guidance. What did this experience teach you about relying on God?
- The central theme of the message emphasized the idea that we need help and can't do it on our own. How can we practically demonstrate this dependence on God in our daily lives, regardless of our current faith journey?
- In what areas of your life do you struggle to ask for help? Why do you think it's hard for you?
- Reflect on a time when unexpected events or difficult circumstances caused you to question your faith or lose trust in God. How did you navigate through that experience?

### READ

- **JOHN 16:33**
- **PHILIPPIANS 4:6-7**

### DISCUSS

- Reflect on John 16:33 and discuss what it means to have peace in Jesus despite facing troubles in the world. How can this truth bring hope and comfort to our lives, especially during challenging times?
- Consider Philippians 4:6-7 and share how the practice of presenting our requests to God with thanksgiving can impact our mindset and outlook in the midst of uncertainty and trouble. How can we cultivate this attitude in our prayer life?
- Discuss a specific experience in which you witnessed the power of God's grace and strength in your weakness. How did this experience impact your perspective on facing future challenges?
- Jesus' message to his disciples was about not losing faith in the face of challenges. How can we encourage and support each other to maintain faith and trust in God during difficult times?

### PRAY

Lord, help us to trust in your strength and embrace the peace that comes from knowing you are with us. Amen.