

ANCHORS // Week 5

Discussion Guide



SERIES OVERVIEW

You never drift into healthy rhythms. In fact, our tendency is to drift away from spiritual growth, healthy relationships, and life-giving habits. God has given us tools to be more intentional in the areas of life that matter most, anchors we can set to keep us from drifting throughout life. In this series, we are going to take an honest look at where we are and set anchor in some areas that matter most to have a deeply rooted life in Christ.

BIG IDEA

Culture encourages you to put yourself first, but the way of Jesus says, "The greatest will be the servants."

CONNECT

Begin with some light conversation or a fun *icebreaker question* to check in with everyone.

- Share one highlight from your life this past week.
- If animals could talk, which species do you think would be the most annoying, and why?

DISCUSS

- What stood out to you most about the message from the weekend?
- Share about a time when you blessed someone by serving them. OR, share about a time when someone else blessed you by meeting a need that you had.

READ **EPHESIANS 5:21**

- Why do you think it can sometimes be difficult to live out this verse? If you feel comfortable, share a personal example.
- If you currently serve on a team at Heritage, how would you say it has positively impacted your **PERSONAL WALK** with Christ? Can you give an example or recall an interaction of how your serving positively impacted **SOMEONE ELSE'S** walk with Christ?
- What are some obstacles that you think keep people from serving at church?

READ **GALATIANS 5:13**

- Pastor Skyler said, "All throughout the Scriptures we see God command, Jesus demonstrate, His Followers Challenged to be reminded that our **FAITH WAS NEVER DESIGNED TO BE PASSIVE. IT HAS ALWAYS BEEN ABOUT ACTION.**"
- What next right step do you think God might be challenging you to take?

PRAY

God, please remind us that the church was not designed to be a cruise ship—a place where everyone else is constantly serving us. You have called us to be an aircraft carrier. A place where we each have a role—a part to play—and that **WE GATHER SO THAT WE CAN GO** into the world and be agents of change through the way we serve others. Give us the strength to serve our families, our church, and our communities, in a way that points others to you. Amen.