



Ready or Not: Week 1

Discussion Guide

Series Overview

In an ever-changing world, there will always be things out of our control. You can fight it, try to resist it, but life is all about change. One thing is certain though, when change comes, it will bring both opportunities and dangers. Let's discover how to navigate the changes life brings our way through a Biblical lens.

Week 1 Big Idea

You're never more teachable than in the midst of a transition. One of the best places to truly deal with change is in the context of community. You were never designed to navigate life on your own.

Connect

Begin with some conversation, checking in on how people are doing. Ask a couple fun starter questions everyone can relate to, such as:

- What has been your favorite memories of Summer?
- What are you looking forward to in this next season?
- Should the toilet paper go over or under on the handle?

Discuss

- What stood out to you most about the message from the weekend?
- When you hear the word CHANGE, what comes to your mind?
- Do you often withdraw during seasons of discomfort and change? Or do you find others to bring in to help you process and navigate? Why?
- Read the Apostle Paul's story in [Acts 9:1-18](#)
- God began to surround Paul with others that would help him navigate change. Why do we find this so hard to embrace?
- What might God be trying to teach you in this season?

Pray

Take a moment to ask, "How can we be praying for you?" This week, make it your prayer focus to allow your heart to be open to God's voice and the friendships you have, as you navigate the inevitable changes life will bring. Read and Memorize: [Proverbs 3:5-6](#)