



SERIES OVERVIEW

Life is filled with ups and downs, unforeseen and often unexpected changes. What if you could see life through a different filter? Let's REFRAME our mindset and discover how God has a purpose in whatever comes our way.

BIG IDEA

Paul encourages us that, through Jesus, we can reframe the way we see the world, understanding that our struggles and setbacks can be used by God. Often the first step is lifting our eyes up from our situation to focus on how God is at work.

ICEBREAKER/CHECK-IN QUESTION

- Imagine you woke up tomorrow with the ability to speak and understand any language in the world. What language would it be and why?

DISCUSS

- Share one or two thoughts that stuck out to you from this week's message.
- Discuss a time when you personally experienced the challenge of putting others' needs ahead of your own. How did it impact your relationships?
- How can we develop greater sensitivity to the needs of others? Share some examples of good deeds and acts of kindness that demonstrate a sensitivity to the needs of others.

READ

- **PHILIPPIANS 2:1-4**
- **PHILIPPIANS 2:5-11**

DISCUSS

- Reflecting on Philippians 2:1-4, how does valuing others above ourselves and looking to their interests challenge our natural inclination towards self-centeredness? Share a practical example of how you can demonstrate humility and prioritize the needs of others in your everyday life.
- Philippians 2:5 urges us to have the same mindset as Christ Jesus. In what ways can we align our thoughts, attitudes, and actions with those of Jesus? How can this mindset impact our relationships and interactions with others?
- In what ways can we, as a church community, be known for being "FOR" our community? How can we better chase after "The One" in our lives and relationships?

PRAY

Dear God, help us to embrace unity, humility, and sacrificial love in our lives, reflecting your character. Amen.