

# MADE FOR MORE

## WEEK 1 GROUP GUIDE

### SERIES OVERVIEW

The Spirit helps us see sin for what it is, but we often live by our feelings instead. Seeing sin for what it is, we don't begrudgingly curb our sinful desires but gladly strive for self-control like a sinking swimmer reaches for a life preserver.

### BIG IDEA

The love that the Spirit cultivates in us is not self-seeking or self-centered—it's sacrificial. As we become the people God created us to be, we begin to choose what's best for others, even when it costs us.

### ICEBREAKER/CHECK-IN QUESTION

- If you could have a superpower that embodies one of the fruits of the Spirit, what would it be and why?

### DISCUSS

- Share one or two thoughts that stuck out to you from this week's message.
- Has there ever been a moment in your life when you experienced unexpected love or kindness?
- In what ways do you think the concept of "agape love" challenges our cultural norms of love and relationships?
- How can we differentiate between self-improvement and Spirit-empowered growth in our journey of faith?
- Share an experience where you felt the Holy Spirit guiding you towards showing love in a challenging situation.
- Discuss the importance of humility in allowing the Holy Spirit to transform our hearts and actions. How can we cultivate humility in our daily lives?
- How can we practically demonstrate sacrificial love in a society that often values self-interest over selflessness?

### READ

- **[GALATIANS 5:22-23](#)**
- **[JOHN 3:30](#)**

### DISCUSS

- How does Galatians 5:22-23 challenge us to go beyond mere outward expressions of love and delve into the deeper, sacrificial aspects of agape love?
- According to John 3:30, how can we decrease in self-reliance to allow the Holy Spirit to increase in our lives, leading us to a deeper experience of love, joy, and peace?

### PRAY

Lord, help us to embrace agape love, grow in the fruits of the Spirit, and stay connected to Your transforming power each day. Amen.