

ANCHORS // Week 6

Discussion Guide



SERIES OVERVIEW

You never drift into healthy rhythms. In fact, our tendency is to drift away from spiritual growth, healthy relationships, and life-giving habits. God has given us tools to be more intentional in the areas of life that matter most, anchors we can set to keep us from drifting throughout life. In this series, we are going to take an honest look at where we are and set anchor in some areas that matter most to have a deeply rooted life in Christ.

BIG IDEA

We've all held on to something that we believed to be true only to find out that it wasn't... maybe it was because the foundation of the truth that you had built up had a shaky foundation. All things will pass—except for the Word of God—which is why it should serve as a firm anchor in our relationship with Jesus.

CONNECT

Begin with some light conversation or a fun *icebreaker question* to check in with everyone.

- Share one highlight from your life this past week.
- If you could go back in time and witness any event, what would it be? Why?

DISCUSS

- What stood out to you most about the message from the weekend?
- What is a *truth* that you held onto, maybe even as a child, only to find out that it was not true after all?

READ MATTHEW 7:24-29

- In this parable, both builders hear the same message and experience the same storm, but they each had a different response. Jesus' used this story to demonstrate how anchoring your life to the Word of God is like building your house on a foundation of solid rock.
 - Has there ever been a specific time in your life when the Bible has proven itself to be true? Or, maybe even share about a time when you read something in Scripture that became more real—or relevant—during a season of your life.
- How has the power of God's Word transformed your life?
- What is a false truth that you have been anchoring your life to?
- What would you change in your life if you 100% KNEW that God's Word is true?

PRAY

God, our heart's desire is to grow in our faith and anchor our lives to you so that we can be deeply and firmly rooted in Christ. Challenge me to grow as I read and study the Bible and I ask that you would continue to show your power in my life as a result!